

**Lori L. Malkoff, MD, MPH**  
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[www.TheFeldenkraisCenter.com](http://www.TheFeldenkraisCenter.com)  
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## **Education**

- December 2002      **Master of Public Health**  
Graduate School of Public Health/San Diego State  
University  
**Thesis:** Bone Mineral Densities of Sedentary Latinas  
after Gestational Diabetes Mellitus
- June 1986          Resident in **Family Medicine**  
University of California Los Angeles
- June 1985          **Doctor of Medicine**  
University of California Irvine
- June 1980          **Bachelor of Science** in Biological Sciences  
(Cum laude)  
University of California Irvine  
**Phi Beta Kappa** Honor Society

## **Professional Licensure**

California Medical Board  
**Physician and Surgeon License** #G57705  
Active 1986-2007

## **Professional Certification**

### **Protection of Human Research Subjects**

University of California San Diego  
Certified IRB and HIPAA 2001

### **Health and Fitness Instructor**

American College of Sports Medicine  
Certified 1991

### **Basic Cardiac Life Support**

American Heart Association BLS for Healthcare Providers  
Certified 1982

## **Clinical Experience**

**1989-present**

**Medical Director**

**Lori L. Malkoff, MD, MPH**

Own and administrate an alternative-to-medicine practice, with an emphasis on chronic pain care. Daily responsibilities include health care, education, practice management, and practice marketing.

**1986-1989**

**Chief Medical Officer**

**Palm Springs Medical Center**

**Pacific Beach Urgent Care**

Responsible for patient care and medical staff supervision (PA's, NP's, RN's, MA's, laboratory/radiology technicians) in routine, urgent, and emergent medical care.

## **Professional Development**

**Introductory Yoga and Pilates**

Synergy Systems, Encinitas

Summer 2000

**Feldenkrais Professional Teacher Training Program**

Feldenkrais Southern California

March 1995 thru October 1998

**CranioSacral Therapy I**

Upledger Institute

February 1997

**Muscle Balance and Function Development**

Geoff Gluckman, M.S., San Diego, CA

Summer 1993

**The Egoscue Method**

T.H.E. Clinic, Del Mar, CA

July 1991 thru August 1992

## **Investigational and Research Experience**

**5/02-6/03**

### **Senior Research Associate**

Center for Behavioral Epidemiology and Community Health  
Graduate School of Public Health/San Diego State University

- **GRANT WRITING AND PUBLICATION**

Assisted with NIH-funded grant proposal writing (Cuidate, Familia Sana); reviewed and revised manuscripts per “pink sheets” from NIH reviewers; performed literature reviews; prepared manuscripts for peer-reviewed publication

- **CLINICAL TRIALS ADMINISTRATION**

Assisted in research study design, and primary and secondary data collection; prepared initial and renewal IRB documents for exempt and non-exempt research studies; performed study participant consent and testing; responsible for data entry and basic statistical analyses

- **OTHER RESPONSIBILITIES**

Co-production (with Dr. Mary M. Mulvihill) of a comprehensive review of the literature of culturally-sensitive physical activity interventions for Latinos, commissioned by the Robert Wood Johnson Foundation

**12/02-3/03**

### **Research Associate III**

#### **Institute for Public Health**

Graduate School of Public Health/San Diego State University

- **PROGRAM DEVELOPMENT AND RESEARCH**

Implement deliverable-based contracts with governmental and community-based organizations; respond to Requests for Proposals (RFPs) from Grantors; design, conduct, and prepare formal reports of qualitative (focus groups, ethnography, key informant interviews) and quantitative (hypothesis-driven) research studies

- **PROGRAM EVALUATION**

Design and formal reporting of Federal, State, and local Public Health programs using formative, summative, outcome and process evaluation formats

- **MENTORING** of graduate students

## **Academics and Instruction**

### **Adjunct Faculty**

Schools of Education and Psychology/National University, San Diego

- **Health Education across the Curriculum: HED 502**

Development and delivery of **on-ground** and **on-line** Health Education credential-clearing course for **multiple- and single-credential K-12 teachers** and candidates. Course reviews the prevention of violence and injuries, child abuse, suicide, drug and tobacco abuse, pregnancy, chronic and communicable diseases, nutritional disorders, and physical inactivity. Critical family, social, and relationship skills are reviewed and practiced (e.g. conflict resolution, teamwork, open/honest communication, anger management).

- **Research in Education: IL 680**

Development and delivery of **on-ground** 8-week course in educational research methodology, designed to provide the skills necessary to plan and complete a thesis for **the Master of Science degree**. IL 680 reviews the Scientific Method, Koch's postulates/causality, study validity and reliability, methods in quality literature review, study design, sampling methods, statistical analyses, measurement instruments and methods, and IRB purpose and requirements. Formal instruction in the functional use of library resources for educational research is provided.

- **Psychology for Managers: PSY 401**

Development and delivery of **on-ground** 4-week course in organizational psychology. Provide instruction in effective leadership skills, and provide practical application of communication, motivation, discipline, assessment, and team building skills leading to a **Bachelor of Arts degree in Psychology**.

- **Introduction to Psychology: PSY 100**

Development and delivery of an **on-ground** 4-week survey course in psychology covering the basics of human behavior leading to a **Bachelor of Arts degree in Psychology**.

### **Instructor**

College of Health and Human Services/San Diego State University

- **Health Education for Teachers: HHS 296**

Development and delivery of an on-ground (**e-enhanced BlackBoard 5.0**) health education credential-clearing course for **multiple and single credential K-12 teachers** and candidates. HHS 296 demonstrates to candidates how to implement health topics into the general curriculum.

### **Course Development**

Argosy University

- **Health Outcomes and Behaviors: HM 6070**

Development of an on-line course for **the Master of Health Management** program, demonstrating how to assess health care outcomes, develop and assess integrated delivery systems, perform risk adjustments and design performance analysis. This course also introduces health status indicators, health behavior evaluation and change techniques, and current best practices and practice patterns in health care.

- **History and Foundations of Public Health: PH 6010**

Development of an on-line course for **the Master of Public Health** program, demonstrating the historical, ecological, legal, and structural aspects of the American public health system. The course also introduces Healthy People 2010, risk factors and other epidemiologic concepts, public health interventions, and the US government's organization of public health.

### **Faculty Assistant**

South University

- **Public Health Organization and Management: MHC 6302**

Assist in the delivery of an on-line ([E-College](#)) course for **the Master of Health Care Administration** program, demonstrating how to articulate the social causes and consequences of disease, how to choose and utilize determinants, outcomes, and measures of health and disease, to describe the design and function of Public health organizations, to evaluate research studies on public health issues, and to describe the organization and function of Federal and State Emergency and Disaster Management agencies.

### **Lecturer**

Graduate School of Public Health/San Diego State University

- **Behavioral Medicine: PH 762**
- **Health Promotion Program Planning/Assessment: PH 666**

### **Technology Competencies**

- **Computer Databases:** Medline/PubMed, CINAHL, ERIC, PsycInfo, Popline, Embase, Cochrane Library, SPORT Discus, Dissertation Abstracts
- **Statistical analysis software:** SPSS Version 15.0
- **Instructional technology platforms:** Blackboard; E-College
- **Other software:** Microsoft *Windows* 95, 98, 2000, and XP; Microsoft *Office Suite* (Word, Excel, PowerPoint, Access, Outlook); *Mozilla* and *SeaMonkey* HTML editors by Firefox; *Just Claims* billing software by Medisoft; *Paradox* Database for Windows; *Reference Manager* literature search and sort software Version 10

## **Special Abilities**

Puedo leer, escribir, y hablar **Español**

## **Grants Awarded**

September 2002	<b>State University Grant</b> San Diego State University \$1506
September 2001	<b>State University Grant</b> San Diego State University \$1130
September 2001	<b>Graduate Equity Grant</b> San Diego State University \$750

## **Publications**

Mulvihill, M and Malkoff, L. *Interventions to promote physical activity/fitness in the Latino community: A critical review*. Active Living Diversity Project Report, funded by Robert Wood Johnson Foundation and published by Pyramid Communications February 1, 2004. Retrieved on April 1, 2010 from <http://www.rwjf.org/files/publications/other/PublicDiversityReport.pdf>

## **Accolades**

Strada, J. Surf's Up! And Look Whose Hangin' Ten. San Diego Magazine. August 1996. Retrieved on July 1, 2008 from <http://www.sandiegomagazine.com/media/San-Diego-Magazine/August-1996/Surfs-Up-And-Look-Whos-Hangin-10/>